

## County Training dates/ venues & Times

### Term 1 September 20- December 20

#### U9's Boys Team Captain Piers Nightingale / Girls Team Captain Tom Higgins

##### U10's BOYS Team Captain's Darren Rogers

September 20 <sup>th</sup>	Venue	David Lloyd Gida Park	4-6pm
October 18 <sup>th</sup>	Venue	David Lloyd Gida Park	4-6pm
November 22 <sup>nd</sup>	Venue	David Lloyd Gida Park	4-6pm
December 13 <sup>th</sup>	Venue	David Lloyd Gida Park	4-6pm

##### U10's GIRLS Team Captain Helen Parish

September 27 <sup>th</sup>	Venue	Billericay	4-6pm
October 18 <sup>th</sup>	Venue	Billericay	4-6pm
November 22 <sup>nd</sup>	Venue	Billericay	4-6pm
December 13 <sup>th</sup>	Venue	Billericay	4-6pm

##### U12's BOYS Team Captain Peter Richmond

September 13 <sup>th</sup>	Venue	Frinton	4-6pm
October 4 <sup>th</sup>	Venue	Frinton	4-6pm
November 15 <sup>th</sup>	Venue	Frinton	4-6pm
December 6 <sup>th</sup>	Venue	Frinton	4-6pm

##### U12's GIRLS Team Captain Rachel Porter

September 13 <sup>th</sup>	Venue	Redbridge	4-6pm
October 4 <sup>th</sup>	Venue	Redbridge	4-6pm
November 15 <sup>th</sup>	Venue	Redbridge	4-6pm
December 6 <sup>th</sup>	Venue	Redbridge	4-6pm

**U14'S BOYS Team Captain Matthew Porter**

September 27 <sup>th</sup>	Venue	Redbridge	4-6pm
October 18 <sup>th</sup>	Venue	Redbridge	4-6pm
November 29 <sup>th</sup>	Venue	Redbridge	4-6pm
December 13 <sup>th</sup>	Venue	Redbridge	4-6pm

**U14'S GIRLS Team Captain Lorna Woodroffe**

September 27 <sup>th</sup>	Venue	Connaught	2-4pm
October 18 <sup>th</sup>	Venue	Connaught	2-4pm
November 29 <sup>th</sup>	Venue	Connaught	2-4pm
December 13 <sup>th</sup>	Venue	Connaught	2-4pm

**U18'S BOYS Team Captain Tom Higgins & Rob Carter**

September 20 <sup>th</sup>	Venue	Harlow	5-7pm
October 11 <sup>th</sup>	Venue	Harlow	5-7pm
November 15 <sup>th</sup>	Venue	Harlow	5-7pm
December 20 <sup>th</sup>	Venue	Harlow	5-7pm

**U18'S GIRLS Team Captain David Wright & Aimee Gibson**

September 20 <sup>th</sup>	Venue	Redbridge	4-6pm
October 11 <sup>th</sup>	Venue	Redbridge	4-6pm
November 8 <sup>th</sup>	Venue	Harlow	5-7pm
December 20 <sup>th</sup>	Venue	Redbridge	4-6pm