



County Training dates/ venues & Times

Term 3 May - July 2023

U8s Boys & Girls Team Captains Tom Higgins/ david Wright

Weekly training at Redbridge Sports Centre Thursdays 5-6.30pm

U9's Boys & Girls Team Captain Piers Nightingale

May 7 th	– Venue	Hamptons LTC	10-12am (Girls)
June 11 th	- Venue	Hamptons LTC	10-12am (Girls)
July 2 nd	- Venue	Hamptons LTC	10-12am (Girls)
May 7 th	– Venue	Hamptons LTC	12-2pm (Boys)
June 11 th	- Venue	Hamptons LTC	12-2pm (Boys)
July 2 nd	- Venue	Hamptons LTC	12-2pm (Boys)

U10's BOYS Team Captain David Wright

May 6 th	– Venue	Theydon Bois LTC	4-6pm
June 10 th	– Venue	Theydon Bois LTC	4-6pm
July 1 st	– Venue	Theydon Bois LTC	4-6pm

U10/11's GIRLS Team Captain Helen Parish

May 7 th	– Venue	Billericay	2-4pm
June 4 th	- Venue	Billericay	2-4pm
July 2 nd	– Venue	Billericay	2-4pm

U12's BOYS Team Captain Peter Richmond

May 27th – Venue Frinton 4.30-6.30pm

June 1st – Venue Frinton 4.30-6.30pm

July 15th – Venue Frinton 4.30-6.30pm

U14'S BOYS Team Captain Darren Rogers

May 21st – Venue David Lloyd Gida park 4-6pm

June 11th – Venue David Lloyd Gida park 4-6pm

July 9th – Venue David Lloyd Gida park 4-6pm

U12/14's GIRLS Team Captain Helen Parish

May 7th – Venue Billericay 4-6pm

June 4th – Venue Billericay 4-6pm

July 2nd – Venue Billericay 4-6pm